TOP 11 TIPS FOR SEPARATED/SEPARTING PEOPLE

- 1. Respect the other person's differences.
- 2. Focus on the present and future, not the past.
- 3. Change the things you can and accept those things that you cannot change, including the other person's opinions and behavior.
- 4. If there are children, focus on what is in their best interest and do not use the children as pawns to "get back" at the other parent.
- 5. Focus on the benefits that will come as a result of cooperation through the divorce; likewise, think about the possible detriments in <u>not</u> cooperating through the divorce.
- 6. Be open and honest in fully disclosing all assets, liabilities, income and expenses to the other person...it's the law.
- 7. Be <u>positive</u> and <u>creative</u> in problem-solving and realize that there is usually more than one answer to a particular dilemma.
- 8. Remain open to suggestions offered by the other person in resolving disputes.
- 9. Focus on solutions that are acceptable, finding common ground to alleviate both your and the other person's concerns.
- 10. Realize that you can only control one person...you.
- 11. Be flexible and willing to compromise.

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